

SCHOOLASTIC NEWS

IMPACT-FOCUSED SCHOOL COMMUNITY MONTHLY MAGAZINE

**Connecting Knowledge &
Uniting Earth's Voices**

**Paving the Way for a
Sustainable Future: Carbon
Marketing**

**A Tale of Power and Legacy:
Unveiling the Mighty
Gahadavala Dynasty**



**ECOVISION:
NURTURING
A SUSTAINABLE FUTURE**

Content

Editor's Note 3

Media & Communication

The Ethical Side of Modern News Reports
The Importance of Psychology and Communicative Skills in Journalism

4



Climate Action

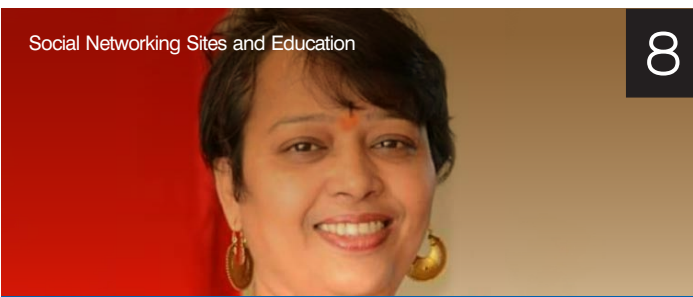
Guardians of India's Biodiversity: Conservation Reserves and Community Reserves
Paving the Way for a Sustainable Future: Carbon Marketing

6



Social Networking Sites and Education

8



FairGaze Offerings

School Membership Program
Recent FairGaze Engagements

10

FAIRGAZE OFFERINGS

School Membership Program

The School Membership Program helps the school instill experiential learning, holistic development, skill building and financial literacy in children further preparing them for their life after school.

available as a standalone engagement activity

1. ONLINE WORKSHOPS

Conducted by professional mentors for students, teachers and parents focused on knowledge and skill building.

available as a standalone

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Ward No- 5, Birpur(Sagar)854340
Email : savitripbhapublicschool.com Website : www.savitrip

12

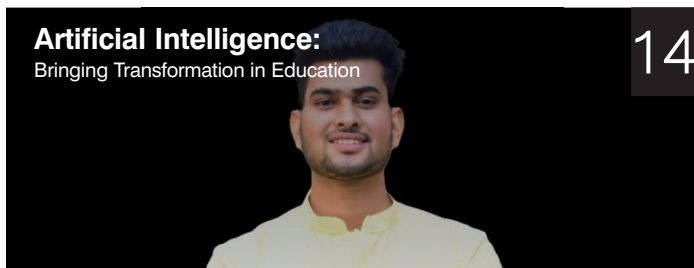
"JPS extends its heartfelt gratitude and warm wishes to dedicated teachers, whose unwavering dedication and hard work continue to nurture the potential within the



Artificial Intelligence:

Bringing Transformation in Education

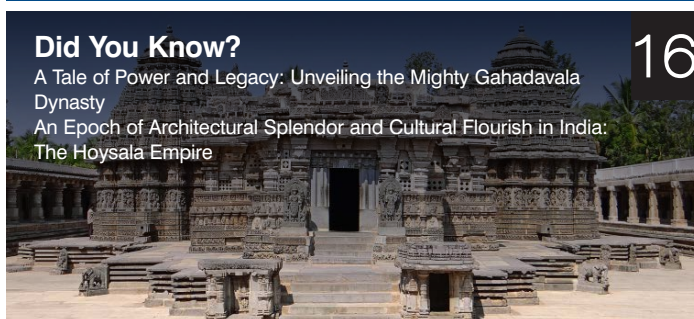
14



Did You Know?

A Tale of Power and Legacy: Unveiling the Mighty Ghadavala Dynasty
An Epoch of Architectural Splendor and Cultural Flourish in India:
The Hoysala Empire

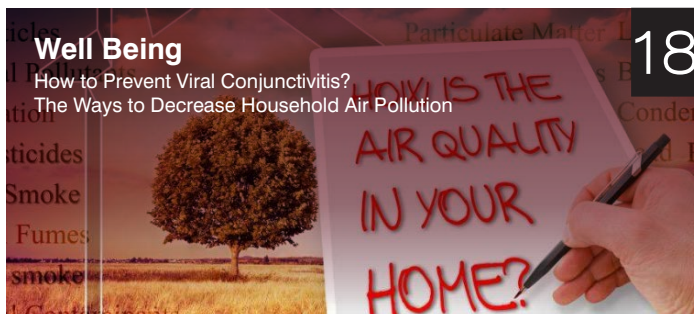
16



Well Being

How to Prevent Viral Conjunctivitis?
The Ways to Decrease Household Air Pollution

18



CREDITS & EDITORIAL TEAM

EDITORIAL LEAD

BHAVNA SHARMA

SECTION EDITOR

THIRUKUMARAN VELEYUDHAM

CLASS 12, MBIS - MAINADEVI BAJAJ INTERNATIONAL SCHOOL, MUMBAI

HEAD OF DESIGN & LAYOUT

JASVINDAR SINGH

PUBLIC RELATIONS

SWATI PRIYA

RENU SHARMA

KRIKA SAH

EDITORIAL & MARKETING CORRESPONDENCE

FairGaze Skills Pvt. Ltd.

1412 Chiranjiv Tower 43, Nehru Place, New Delhi - 110019, India
Ph.: +91-11-46850000 | E-mail: info@fairgaze.com

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Editor: Mookola Lakshman Sudheon

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Editorial Lead

Greetings, dear readers,

As the leaves begin their graceful descent and the crisp autumn breeze whispers through the air, we stand on the threshold of September, ready to unveil a new chapter of inspiration within the pages of our beloved Schoolastic News. With immense enthusiasm, we extend a warm invitation to embark on this literary journey, hand in hand with the brilliant young minds who bring life to our magazine.

At the core of our mission beats a fervent dedication to amplifying the extraordinary talents and unique perspectives of students across the globe. In August, we marveled at the passion and creativity radiating from the pages of our publication, a testament to the vibrant energy of youth. This month, we continue this vibrant tradition, weaving together a tapestry of thought-provoking narratives, innovative ideas, and profound insights that mirror the kaleidoscope of student experiences.

Within these pages, you will discover a constellation of captivating stories, each one a shining star in its own right. Our sincere thanks go to Mrs. Nutan Gawde, Principal of Somila International School, Rajasthan, whose words shed light on the transformative power of "Social Networking Sites and Education." Additionally, we are honored to feature the remarkable thoughts of Mr. Rishab Pan, a visionary in the field of software engineering, as he explores "Artificial Intelligence: Bringing Transformation in Education." These contributions remind us that education is a dynamic journey where intellectual growth harmonizes with a broader vision for a sustainable and inclusive world.

We wish to express our heartfelt gratitude to you, our cherished readers, for being the lifeblood of our community. Your unwavering support is the driving force behind the creativity that propels Schoolastic News forward. We are profoundly grateful for your presence, which infuses our work with purpose and meaning.

As you delve into the pages of this edition, we hope you'll find inspiration to explore the limitless horizons that education unveils. May these stories ignite your curiosity, challenge your understanding, and nurture your unending thirst for knowledge.

With hearts flutter and minds ablaze, we invite you to immerse yourselves in the September edition of Schoolastic News, where the symphony of youthful expression resounds, and the pursuit of knowledge knows no bounds.

Wishing you an enlightening and joy-filled September.

Happy reading!

Warm regards,
Bhavna Sharma
Editorial Lead
info@fairgaze.com

MEDIA & COMMUNICATION

THE ETHICAL SIDE OF MODERN NEWS REPORTS



the reporter. Partisan nature towards any personality or phenomenon tends to project only a one-sided perspective of the news. A biased media limits the capacity of people to think rationally. As has been witnessed in recent times, paid media took steps to absolutely promote or obstruct things rather than present an unbiased and neutral view of the situation. This, furthermore, prevents the audience from developing a clear and accurate picture.

Role of Ethics in Society

Ethics, or the model code of conduct, is deemed to be an integral part of news reports in modern times. Widespread connectivity across the globe can manipulate the audience to develop a negative attitude towards each other, as seen in the case of communal riots, and against the state. People, in the shadow of ignorance and untrustworthy information, develop a wrong belief and proceed towards the upliftment of the same. This reduces their capacity to think and work efficiently, leading to an undesirable impact on society.

News reports need to be ethical, authentic, and genuine so that people are not led away from the truth. A society that is completely aware of its surroundings will be healthy and prosperous.

Ethics and Their Necessity

Technology has been an essential part of human life, especially when it comes to obtaining information about the world. The world witnessed the emergence of radio in the late 19th century and television in the mid-20th century. Since then, people have been aware of anything and everything going on around the globe. With the rapid growth in the IT sector in the last few decades, the flow of news reports has been easy and quick. News channels and broadcasters have a huge audience, and they try to reach out using news reports now and then. The very deliberate attempts of reporters to gain popularity take a toll on the ethical aspects of journalism. It, therefore, becomes significant that reporters keep in mind the adverse effects of their unethical conduct.

Balancing Attention with Responsibility

The very reason for the spread of fake news is the desire for public attention. News reports and channels seek maximum audience, for which they don't hesitate to project dramatic news that might be inaccurate. When this misleading information reaches the audience, it creates an environment of mistrust and instability. The world has witnessed numerous instances where massive outrage took place because of unauthentic information. This leads to the loss of valuable time and resources. Subsequently, it becomes the top priority of reporters to check the authenticity of the news that they publish.

Overcoming Biases

A very important aspect of ethics in news reporting is the unbiased nature of

By:
Anusha Sharma
Class - 12
St. Karen's School, Bihar
Edited by: Thirukumaran Veleyudham

MEDIA & COMMUNICATION

THE IMPORTANCE OF PSYCHOLOGY AND COMMUNICATIVE SKILLS IN JOURNALISM



In the age of data overload and rapidly changing media scenes, news coverage has never been more imperative. Past the surface of real detailing lies an energetic relationship between brain research and communicative abilities that shapes the exceptional substance of impactful news coverage. This article digs into the significant importance of brain research and viable communication in news coverage, explaining how they collaborate to cultivate precise announcements, peruser engagement, and a well-informed society.

Understanding Human Brain Research

- **Fashioning More Grounded Associations:** News coverage is more than just passing on truths; it's approximately interfacing with assorted gatherings of people. Understanding the perplexing subtleties of human brain research enables writers to tailor substance that reverberates profoundly with particular statistical bunches. This comprehension rises above unimportant socioeconomics, digging into cognitive forms, enthusiastic triggers, and social nuances. The result is a substance that not only captures attention but also locks in and captivates.
- **Acing the Craftsmanship of Surrounding:** The control of the surroundings cannot be belittled in news coverage. The way data is displayed can affect open discernment. With a handle on mental predispositions, writers can select outlines that offer an objective, adjusted viewpoint. This key environment guarantees that cognitive predispositions are moderated,

showing openness and a well-rounded understanding of occasions.

- **Evoking an Enduring Enthusiastic Effect:** Stories that inspire feelings leave a permanent stamp on readers' minds. By saddling the brain with research on feelings, writers can make accounts that trigger sympathy, motivate activity, and drive societal change. Recognizing enthusiastic triggers that reverberate with groups of onlookers increases the effect of news stories by starting discussions and cultivating solidarity.

Viable Communicative Abilities

- **The Craftsmanship of Adroit Meeting:** Central to news coverage is the capacity to extract stories from different sources. Viable communication aptitudes are the linchpin of conducting shrewd interviews that yield profitable experiences. Dynamic tuning in, exact addressing, and compassionate reactions offer assistance to writers burrowing deeper and uncovering compelling stories.
- **Hoisting Truths Through Narrating:** Actualities are the establishment, but narrating is what brings them to life. Communicative artfulness turns complex information into locks in stories. Through distinctive portrayals, well-structured plots, and a touch of inventiveness, writers fascinate perusers, empowering them to get a handle on complex issues more comprehensively.
- **Moral Detailing Using Compelling Communication:** Moral news coverage rests on dependable communication. Striking an adjustment between the public's right to know

and personal security requests for apt communication. A conscious and touchy approach guarantees that stories are displayed capably, dodging emotionalism and defending the well-being of subjects.

- **Engaging Media Education:** Communication aptitudes expand beyond narrating. Writers act as teachers, breaking down complex subjects into effortlessly edible data. By streamlining complicated things, they prepare perusers with the basic instruments vital to exploring a progressively complicated media scene.

An Advantageous Relationship

The relationship between brain research and communicative aptitudes in news coverage is advantageous, with each aspect improving the other.

- **Exploring Drama:** Writers well-versed in mental triggers can utilize their communication skills to provide sensational occasions with obligation and precision. This approach guarantees that stories stay compelling without veering off from real exactness.
- **The Craftsmanship of Influence:** In supposition pieces and investigative reports, an understanding of brain research illuminates influential communication. By consistently mixing enthusiastic and sound offers, writers cultivate strong, open talk that moves societal advancement.

By:
Aman Muhammed KC
Class - 9
Navabharath Central School, Kerala
Edited by: Thirukumar Velejudham

CLIMATE ACTION

GUARDIANS OF INDIA'S BIODIVERSITY: CONSERVATION RESERVES AND COMMUNITY RESERVES



In a country as diverse as India, where lush forests, sprawling grasslands, and vibrant wetlands coexist, the preservation of biodiversity has become a paramount concern. In this endeavor, conservation reserves and community reserves have emerged as vital tools in the conservation toolkit. These designations represent a delicate balance between safeguarding natural habitats and involving local communities in the process of protecting their resources.

Conservation Reserves: A Haven for Nature

Conservation reserves are designated areas that aim to conserve the landscape, ecosystems, and wildlife therein. These areas have ecological importance and are carefully chosen for the species that inhabit them. This distinction allows for harmonious coexistence between local communities and the natural world.

The establishment of conservation reserves is governed by the Wildlife Protection Act of 1972. The Act grants legal protection to these areas, ensuring that the delicate balance of flora and fauna remains undisturbed. The primary

purpose of conservation reserves is to protect wildlife habitats and maintain ecological processes. Very often, activities like grazing, agriculture, and even tourism may be allowed within the boundaries of these reserves, but only if they do not harm the environment.

Community Reserves: Where People and Nature Unite

Community reserves take conservation efforts a step further by actively involving local communities in the management and protection of their natural resources. These reserves recognize the vital role that indigenous knowledge and local practices play in maintaining ecological balance.

In a country where millions of people depend on forests for their livelihoods, community reserves empower communities to take charge of their resources. This engagement is not only an effective way to ensure the sustainable use of these areas but also promotes a sense of pride and stewardship among residents. Community reserves also serve as platforms for education and awareness, allowing urban visitors and schoolchildren to learn about the delicate intricacies of nature and the importance of conservation.

The Road Ahead: Challenges and Opportunities

While the establishment of conservation and community reserves is a commendable step, challenges remain.

Ensuring effective enforcement of regulations, mitigating human-wildlife conflicts, and managing tourism impacts are ongoing concerns. Balancing the needs of local communities with conservation objectives can be difficult and often requires innovative solutions that align welfare goals for both.

Collaboration among government bodies, non-governmental organizations, researchers, and local communities is a way to overcome these challenges. A multidisciplinary approach that integrates scientific research, community engagement, and policy support is necessary for the successful management of these reserves.

In conclusion, conservation reserves and community reserves exemplify India's commitment to biodiversity conservation. They represent a nuanced approach that recognizes the symbiotic relationship between humans and nature. By protecting valuable ecosystems and involving local communities as stewards, India is forging a path toward sustainable development and the preservation of its natural heritage. As these reserves continue to evolve and adapt, they offer a glimmer of hope for the coexistence of diverse life forms on this planet.

By:
Tanmay Sah
Class - 11

City Montessori School, Uttar Pradesh
Edited by: Thirukumaran Velejudham

CLIMATE ACTION

PAVING THE WAY FOR A SUSTAINABLE FUTURE: CARBON MARKETING



In a world grappling with climate change and environmental degradation, the concept of carbon marketing has emerged as a powerful tool in the fight against global warming. This innovative approach aims to not only reduce carbon emissions but also transform the way businesses operate, shaping a more sustainable future for both the planet and the economy.

Raising Environmental Awareness

Carbon marketing plays a pivotal role in raising awareness about the environmental impact of human activities. By showcasing carbon reduction initiatives, companies can educate consumers about their efforts to mitigate climate change, fostering a greater sense of responsibility among their clientele.

Driving Carbon Reduction Efforts

Businesses that adopt carbon marketing strategies commit to reducing their carbon footprint. This commitment often leads to the implementation of energy-efficient practices, the adoption of renewable energy sources, and the integration of sustainable technologies. As a result, carbon marketing drives innovation towards greener business practices.

Enhancing Corporate Reputation

In the era of conscious consumerism,

people are increasingly drawn to companies that demonstrate their dedication to environmental conservation. Carbon marketing allows businesses to showcase their commitment to sustainability, thereby enhancing their brand reputation and attracting eco-conscious customers.

Meeting Regulatory Requirements

With stricter environmental regulations being imposed by governments around the world, carbon marketing becomes a crucial tool for companies to stay compliant. By showcasing their emissions reduction efforts, businesses can prove their commitment to adhering to these regulations, avoiding penalties and negative publicity.

Fostering Partnerships

Carbon marketing encourages collaboration between companies, governments, and NGOs. Partnerships formed to address carbon emissions often lead to the sharing of best practices, technological advancements, and knowledge exchange, thereby accelerating progress toward a low-carbon future.

Gaining a Competitive Advantage

Companies that embrace carbon marketing gain a competitive edge in the marketplace. Consumers increasingly prefer eco-friendly products and services,

and investors are more likely to support businesses with robust sustainability strategies. Carbon marketing provides a unique selling proposition that can attract both customers and investors.

Contributing to Global Climate Goals

Carbon marketing is not just about individual businesses; it contributes to broader global climate goals. By collectively reducing carbon emissions, companies become active participants in international efforts to limit global temperature rise and mitigate the impacts of climate change.

Encouraging Consumer Participation

Carbon marketing campaigns often include elements that encourage consumers to adopt more sustainable lifestyles. Whether through educational initiatives, carbon offset programs, or participation in environmental projects, consumers are empowered to be part of the solution.

In conclusion, carbon marketing serves as a crucial bridge between economic growth and environmental responsibility. By aligning business practices with sustainability goals, companies not only contribute to a greener planet but also position themselves for long-term success in a rapidly evolving market landscape. As the world strives for a sustainable future, carbon marketing stands as a beacon of hope, driving positive change and inspiring a global shift towards more responsible and conscientious business practices.

By:
Kavya Chaudhary
Class - 6
Gaur International School, Greater Noida
Edited by: Thirukumar Velayudham



SOCIAL NETWORKING SITES AND EDUCATION

BY: MRS. NUTAN GAWDE, PRINCIPAL SOMILA INTERNATIONAL SCHOOL, RAJASTHAN

Nowadays almost everyone is on social networking platforms like Facebook, WhatsApp, YouTube, Instagram, and many more. This advent of technology has provided new ways of learning, collaboration, and expression. The vast majority of people these days use social networking sites like Facebook, WhatsApp, YouTube, Instagram, and many others for their personal and professional growth.

New avenues for learning, cooperation, and expression have been made possible by the rise of technology. Parents occasionally think that utilizing social networking sites is a distraction, but the Covid Era has shown that its importance cannot be understated.

Knowledge sharing has become much easier as a result of online tools and resources. We have access to extensive detailed information from various platforms, and it is like having a library with us everywhere we go.

With the help of SNS, students can now access the educational portal 24×7 and resolve their doubts whenever they face difficulties, which was not a possibility earlier. They can get connected to any class via Zoom or Google Meet and attend classes according to their schedule.

Students' interests can be curretted through SNS, which enables them to express themselves on various platforms. They have the ability to ask questions, run polls, create their own content, and publish it online. This exposure increases their inventiveness, makes it simpler for them to reach society, and helps in enhancing their inquisitiveness.

Onlywhen parents and teachers share a common platform can nurture the student's development to the fullest. Communication between parents and teachers has improved drastically, as a result of WhatsApp groups, shared Mailboxes, school websites, and school Instagram pages.

Previously, we used the school diary as a regular communication tool, but nowadays, an SMS or WhatsApp update achieves the same goal and also saves instructors time and energy. Parents can get their queries resolved in a short span of time and can provide feedback much more frequently as they don't have to necessarily wait for the PTM's.

This serves as a tool for collaboration between parents and instructors, allowing them to stay informed about the problems and development of the students while also fostering a sense of shared accountability.

The way content is delivered across various channels makes infotainment a 21st-century idea with good reason. These systems blend information and pleasure with animations, memes, and other sources, making learning more enjoyable whereas when I was in school, I recall that our studies were straightforward and very serious. However, there are many channels on platforms like Instagram, YouTube, and Telegram now that make learning topics simpler. Additionally, they have incorporated incentive programs into the apps, allowing users to earn credits or coins for playing these games while simultaneously learning and acquiring knowledge.

A child's profession choice becomes

increasingly important as they move up the educational ladder. Children have the chance to connect with business leaders thanks to social networking sites like LinkedIn, Indeed and Naukri portals etc.

By participating in online workshops and seminars, people can obtain career advice and education from as many professors as they like. They can use this information to make an informed professional selection.

The coin always has two sides. Even though social networking in education has many advantages, it is still crucial to educate students on proper online conduct so they can make the most ethical use of these tools.

Although we are a little skeptical about how a child makes use of phones, we should rather educate and bring awareness in the minds of the young generation about the usage of mobile phones and SNS. We should teach them to distinguish between positive and negative components of social networking space and how to use it wisely.

Hence, I would sum up as every technology brings a change in society, which has positive and negative impacts, it should be properly introduced. Education plays a vital role in accepting it and enables the generation to use it for development and not demolishing time and knowledge. And school is the platform where students can be taught the proper use of social networking sites. Let us wisely use the SNS and reach unreachable heights to make our family, society, and above all the Nation feel proud of us.

Jai Hind

FAIRGAZE OFFERINGS

School Membership Program

The School Membership Program helps the school instill experiential learning, holistic development, skill building and financial literacy in children further preparing them for their life after school.

available as a standalone engagement activity

1. ONLINE WORKSHOPS

Conducted by professional mentors for students, teachers and parents focused on knowledge and skill building.



available as a standalone engagement activity

3. COUNSELLING SESSIONS

Organized for school children with expert counsellors to highlight and destigmatize important mental health issues



available as a standalone engagement activity

2. FAIRTALKS

Panel discussion organized on integral subjects around the education of India, covers ideas and perspectives from eminent panel of educationists.



available as a standalone engagement activity

4. SUSTAINABLE DEVELOPMENT GOAL CAMPAIGNS

Led by eminent educationists and esteemed judges. Intricately designed to promote and implement UN SDGs in the school community.



5. CUSTOMIZED ONLINE SCHOOL NEWSLETTER

Covers all school activities, events and achievements of the school, engages children to fetch stories/content of the school further furnished and designed by FairGaze.



6. MODEL UNITED NATIONS & VARIOUS EVENTS & CONTESTS

FairGaze organizes MUN for students of member school who role-play as UN delegates and simulate a session.

Children get opportunities to show case their talent in various creative contests by FairGaze.

available as a standalone engagement activity



7. STUDENTS' JOURNALISM TRAINING & SCHOLARSHIP PROGRAM

FairGaze trains students on journalistic skills, hosting webinars, hosting MUN, audience management etc.



8. SCHOOL'S MEDIA COVERAGE & PRPROMIONS

FairGaze brings the schools' activities, events highlights, mission and vision of the school leaders outside to the entire K-12 fraternity.



9. BRAND EXPOSURE

FairGaze has partnered with Dabur, Decathlon, Fortis, etc to bring sponsorships and organize students' focused engagement activities & contests.



Recent FairGaze Engagements



Our team was incredibly honored to receive the Excellence Award at the prestigious Maharishi University of Information Technology in Noida. EmpowerEd was an event organized by EduCoud where we had gathered to unlock the boundless potential of learners across the nation. This award was presented during the largest education celebration in the Delhi NCR region, in association with Civil20India2023 under the G20 Presidency, Government of India.



Educlouds recently honored outstanding schools in education carnival EmpowerEd where FairGaze, nominated 30 top schools for the Excellence Award. Notable schools like Kulachi Hansraj Model School, Bajaj Public School, The Samarth School, Pacific World School, & Sri Venkateshwar International School, and others received recognition for their exceptional educational achievements. The primary objective of the conference was to advance social impact and enhance the well-being of society. Therefore, our guests shared their perspectives on how the conference aims to foster this social impact.



FAIRGAZE PATRON SCHOOLS



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HALDWANI (NAINITAL).

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Happy Teachers' Day



Affiliation No.- 331164

School No.-66955

SAVITRI PRABHA PUBLIC SCHOOL

Affiliated to CBSE, New Delhi (1st to Xth)

Ward No- 5 ,Birpur(Supaul)854340

Email : savitriprabhapublicschool.com

Website : www.savitriprabhapublicschool.in



.....we give wings to our students

.....Each student is special

ARTIFICIAL INTELLIGENCE: BRINGING TRANSFORMATION IN EDUCATION

BY: RISHAB PAN, SOFTWARE ENGINEER GOOGLE, KARNATAKA



In today's high-tech world, you might have heard the words "Artificial Intelligence" or "AI" buzzing around. But what is AI, and how does it impact something as cool as education? Let's dive into the magical world of AI and see how it's changing the way we learn and grow!

What's AI, Anyway?

AI is like having a super-smart robot friend that can think and learn like humans do. Imagine a computer that can understand your questions, talk to you, and even make decisions. That's AI!

Smart Learning Assistants

AI is like a genie that helps teachers and students. Imagine having a special robot tutor who explains tricky math problems, helps you practice spelling, or even teaches you a new language. AI-powered apps and programs are turning boring studying into exciting adventures!

Personalized Learning

Think about this: every student learns at their own pace and style. AI knows that! It can create lessons and activities just for you. If you're a quick learner, it will give you more challenging stuff. And if you need more time, AI will patiently help you until you get it.

Mind-Reading Machines? Almost!

Okay, not really mind-reading, but AI can understand what you like and suggest awesome things to learn. Do you know how YouTube recommends videos? That's AI using its clever brain to figure out what you might enjoy.

No More Boring Tasks

AI isn't here to steal our fun; it's here to steal the boring stuff! It can help with tasks like grading papers, checking spelling, and organizing schedules. This means teachers have more time to create exciting lessons and spend time with students like you.

Learning Never Stops

Imagine you're learning about planets, and you have questions at night when everyone's asleep. Don't worry! AI



chatbots are available 24/7 to answer your questions. Learning can happen anytime you're curious.

Super Science and Discovery

AI is like a scientist's best friend. It can process loads of information super quickly, helping researchers find new cures for diseases, understand climate change, and even explore space. It's like having a super-powered lab partner!

Creativity Boost

Guess what? AI can be an artist too! It can compose music, create amazing artwork, and even write stories. Imagine a robot writing a fun adventure book just for you. Cool, right?

Protecting Our Future

AI can also help keep us safe. It can identify patterns that humans might miss, helping us prevent accidents, catch bad guys, and make the world a better place.

The Future is Bright!

So, what does the future hold? With AI by our side, learning will become more exciting, creative, and tailored just for you. You'll have more time to explore things you love and dream big dreams.

Remember, AI is like a smart buddy that's here to help us. It's making our education smarter, more enjoyable, and full of possibilities. As you grow up, who knows? You might even invent the next big thing in AI and change the world!

In a nutshell, AI is like having a friendly robot assistant that makes learning fun, personalized, and super cool. With AI, the sky's not the limit – it's just the beginning of an amazing adventure!

DID YOU KNOW?

A TALE OF POWER AND LEGACY: UNVEILING THE MIGHTY GAHADAVALA DYNASTY

Introduction: The annals of Indian history are replete with the rise and fall of countless dynasties that have left an indelible mark on the subcontinent's cultural, political, and social landscape. Among these, the Gahadavala Dynasty stands as a testament to power, innovation, and legacy. Flourishing between the 11th and 12th centuries, the Gahadavalas ruled over the region known as modern-day Uttar Pradesh in northern India. Their contributions in various domains, from architecture to literature, continue to intrigue historians and enthusiasts alike.

Origin and Rise

The Gahadavala Dynasty traced its origins to the Yadava clan. The dynasty was founded by Chandradeva, who ascended to power in the late 11th century. He established his capital at Kannauj, a strategically located city that allowed the dynasty to exert influence over the Gangetic plains. Chandradeva's reign marked the beginning of a period of growth and consolidation for the Gahadavalas.

Cultural Patronage

One of the hallmarks of the Gahadavala Dynasty was its unwavering patronage of the arts and culture. The dynasty played a pivotal role in the development of Sanskrit literature, fostering the creation of numerous literary works. Poets like Jayadeva, known for his famous composition "Gita Govinda," were supported by the Gahadavala rulers. The dynasty's patronage also extended to the promotion of scholarly activities and the advancement of knowledge.

Architectural Marvels

The Gahadavalas were prolific builders, leaving behind an array of architectural wonders that continue to captivate



historians and architects. Their contributions to temple architecture are particularly noteworthy. The Lakshman Temple in Khajuraho and the Kampil Devi Temple are prime examples of their architectural prowess. These structures exhibit intricate carvings, elaborate sculptures, and a blend of various regional architectural styles.

Decline and Legacy

As is often the case in the tumultuous world of dynastic politics, the Gahadavala Dynasty's decline was precipitated by internal strife and external invasions. The incursions of Mahmud of Ghazni and later Muhammad Ghorī weakened the dynasty's grip on power. By the early 13th century, the Gahadavala Dynasty had faded into obscurity, leaving behind a legacy that continues to be studied and admired.

The Gahadavala Dynasty's legacy lives on through its contributions to art, culture, and architecture. Their patronage of literature and scholarly endeavors enriched the cultural landscape of India. The architectural marvels they left behind remain a testament to their engineering

skills and aesthetic sensibilities. While the dynasty's political influence waned, its impact on Indian history endured.

Conclusion

The Gahadavala Dynasty's story is one of rise, splendor, and eventual decline. Their legacy, however, remains woven into the fabric of India's history. Through their patronage of culture, literature, and architecture, the Gahadavalas left an indelible mark on the heritage of the subcontinent. As we delve into the annals of history, the mighty Gahadavala Dynasty stands as a reminder of the ebb and flow of power and the enduring impact of human creativity.

By:
Swastika Shah
Class - 7

DAV Public School, Lohaghat
Edited by: Thirukumaran Velejudham

DID YOU KNOW?

AN EPOCH OF ARCHITECTURAL SPLENDOR AND CULTURAL FLOURISH IN INDIA: THE HOYSALA EMPIRE

The Hoysala Empire, a prominent medieval Indian dynasty, left an indelible mark on the subcontinent during its significant period of rule. Flourishing between the 10th and 14th centuries, the Hoysalas wielded their influence primarily on the Deccan Plateau of southern India. Known for their exceptional patronage of art, architecture, and culture, this empire's legacy continues to captivate historians, archaeologists, and enthusiasts alike.

Emerging during a period of political flux, the Hoysalas established their rule around the 10th century in present-day Karnataka. Their reign was characterized by territorial expansion, fostering diplomatic ties, and adept administration. One of the most striking aspects of the Hoysala Empire was its emphasis on art and architecture. This period saw the creation of awe-inspiring temples, which remain standing as majestic monuments today.

The temples built during the Hoysala rule showcase their unique architectural style. Hoysala architecture is celebrated for its intricate carvings, ornate sculptures, and delicate craftsmanship. Notable examples of this style include the Chennakesava Temple in Belur, the Hoysaleswara Temple in Halebidu, and the Kesava Temple in Somanathapura. These temples are not only architectural marvels but also repositories of the cultural and religious beliefs of the era.

The Hoysala Empire was a significant period in the development of Indian sculpture as well. The sculptures adorning their temples vividly depict scenes from Hindu epics, mythological stories, and aspects of daily life. These



intricately carved sculptures are not only aesthetically pleasing but also provide valuable insights into the socio-cultural norms, clothing, and lifestyle of the people during that time.

Cultural patronage was another hallmark of the Hoysala Empire. The dynasty was a strong supporter of learning, literature, and the performing arts. It played a pivotal role in the growth of Kannada literature, nurturing poets and scholars. The literary contributions of this era have endured through time, influencing subsequent generations of writers and thinkers.

The Hoysalas also played an essential role in the realm of diplomacy and alliances. Their strategic alliances with other dynasties allowed them to maintain stability within their realm and create a favorable environment for cultural flourishing. However, despite their influence, the empire faced several invasions and conflicts. The decline of the Hoysala Empire came in the 14th century, when it succumbed to the

rapidly expanding Vijayanagara Empire.

In conclusion, the Hoysala Empire stands as an important period in Indian history that exudes artistic brilliance, cultural patronage, and strategic diplomacy. The legacy of this empire continues to enrich our understanding of India's medieval history, architecture, and cultural heritage. The intricately designed temples, exquisite sculptures, and literary contributions serve as a testament to the ingenuity and vision of the Hoysala rulers. Their ability to foster creativity and embrace diverse aspects of culture remains a source of inspiration for generations to come, reminding us of the profound impact they had on shaping the cultural landscape of India.

By:
Vabhavi Shah
Class - 7
DAV Public School, Uttarakhand
Edited by: Thirukumaran Veleyudham

WELL BEING

HOW TO PREVENT VIRAL CONJUNCTIVITIS?

Conjunctivitis is a major problem which is related to viral infection. Many of us are not aware of conjunctivitis and how to prevent this infection. This viral conjunctivitis spreads very fast from person to person.

People of different age groups, elders, and children are badly affected. Conjunctivitis is caused by viruses. In the conjunctivitis cases reported each year, red eye returns with monsoon itching, redness, watering, and sometimes discharge.

Conjunctivitis is one of the most widely recognized reasons for red-eye and influences patients of any age and financial class. Direct contact with the virus, airborne transmission, and reservoirs like swimming pools can all result in viral conjunctivitis. Most instances of viral conjunctivitis are profoundly infectious for 10-14 days. Washing hands and evasion of eye-to-eye connection are critical to forestalling transmission to other people.

Tips to Prevent Conjunctivitis

- We should wash our hands after touching the surface as we all know the surface is not clean everywhere in public also sometimes in our homes. So we need to take care of these things by ourselves which helps us to prevent getting infected.
- As we use sanitizers during the period of COVID continue that habit for prevention of infection.
- Try to avoid touching your face and eyes without a reason because the germs in your hand affect transfer to your eyes and face which sometimes creates itchiness.
- Use artificial tears: Use artificial tears to avoid dry eyes and other irritations to the eyes.
- General hygiene measures should be



followed. Ask the guests to come to your home to clean their hands first after entering and put their shoes out of the house so the less chance of infection.

- Avoid crowded places where we need to touch many things that are infected and touched by many other people. Use only antibiotic eye drops.
- To reduce transmission of conjunctivitis, it is essential to maintain strict hygiene practices. and avoiding sharing personal items like personal essentials like makeup, towels, etc.

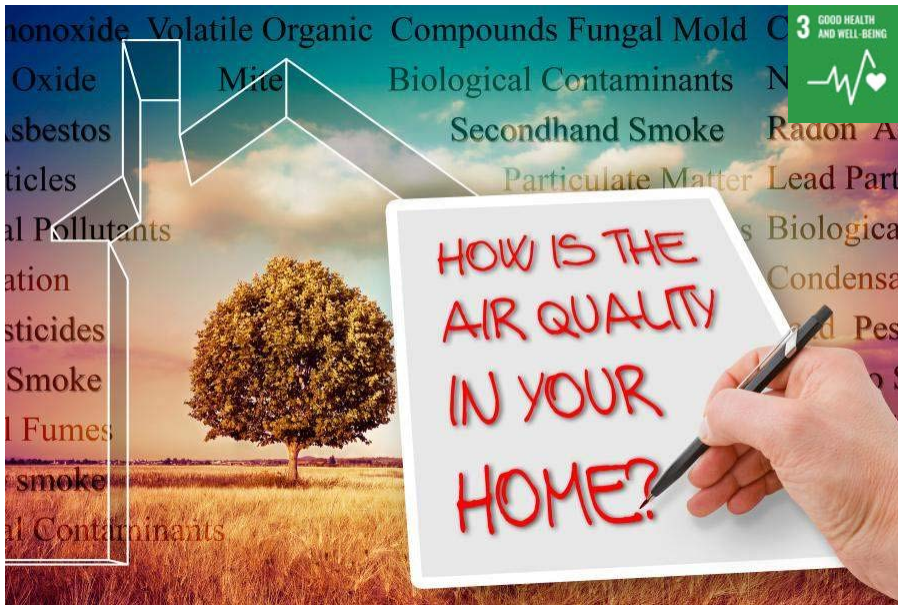
Rapid foreign body sensation, red eyes, itching, sensitivity to light, burning, and a watery discharge are symptoms of viral conjunctivitis. While with bacterial conjunctivitis, patients present with every one of the above side effects, with mucopurulent release and making a

difference in the eyelids after waking. Those giving viral conjunctivitis typically have a new history of upper respiratory lot disease or ongoing contact with a wiped-out person. Visual sharpness is normally at or close to their standard vision. Subepithelial infiltrates in the cornea can impair vision and cause light sensitivity. The conjunctiva is infused (red) and can likewise be oedematous. Vesicles on the face or eyelids can be caused by HSV, affecting vision. The cornea may become involved. Vesicles in herpes zoster are arranged in a linear dermatomal pattern. A mucopurulent discharge and frequently red conjunctiva are symptoms.

By:
Aarohi Sinha
Class - 6
Loyola High School, Bihar
Edited by: Thirukumaran Velejudham

WELL BEING

THE WAYS TO DECREASE HOUSEHOLD AIR POLLUTION



Indoor air pollution is a serious issue in developing countries, where people often burn fuel indoors for cooking and heating. It is also a matter of concern for people living in energy-efficient homes. These properties tend to be relatively airtight, where the air inside becomes stagnant and pollutant levels can rise rapidly.

While pollution in all forms can be harmful, indoor air pollution is particularly alarming because people are often trapped in it for longer than expected.

There are several reasons for indoor air pollution, some of which are easy to detect due to their smell, but many others go undetected.

It's nearly impossible to completely prevent air pollution in your home due to the appliances we rely on on a daily basis nowadays, like cookers and cleaning products. The location also

plays a major role in how polluted your air is.

Steps to Minimize or Improve Indoor Air Pollution

Below are listed some of the steps we can take to make the air in our home much safer and cleaner:

- **Avoid smoking indoors.**
If anyone in your home smokes, make sure their clothes are kept in a specific cupboard away from other family members' clothes. To release the smell of cigarette smoke, open windows to get air flowing through.
- **Maintain proper ventilation.**
Keeping windows open while cleaning can also help minimize pollution caused by chemicals in cleaning products.
Do consider eco-alternatives, such as soda, lemon juice, and vinegar, which work wonders and are also a better

option for the environment and our health.

- **Keep pets out of your bedroom.**
Do Keep your furry friends away from your bedroom. Clean floors and upholstered furniture often reduce exposure to allergies, and likewise.
- **Go for an air-purifying plant.**
Houseplants can do more than just add a pretty touch to your home. According to a NASA study, there are a number of air-purifying plants that can detoxify our home, such as English ivy, spider plants, snake plants, and chrysanthemums, which are great options for filtering out toxins.
- **Avoid pesticide usage.**

Pesticides are a source of harmful chemicals that can trigger several allergic reactions and worsen asthma.

Hence, to conclude, I would like to mention that the future of indoor air pollution control lies in the hands of technology.

Moreover, innovations are never limited; new and more effective ideas and inventions will keep coming so as to better control indoor air pollution.

However, today, these above-discussed steps can be taken to ensure a limit on indoor air pollution.

By:
Ishika
Class - 6
Mother Mary Public School, Delhi
Edited by: Thirukumaran Veleyudham



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FairGaze Skills Pvt. Ltd.,

1412 Chiranjiv Tower, 43 Nehru Place, New Delhi - 110019, India | Ph.: +91-11-46850 000 | E-mail: info@fairgaze.com

www.fairgaze.com